

has now taken delivery of a fridge-freezer and is absolutely over the moon!

PRAYERS

Prayer Requests Urgent prayer requests can be phoned to Sue on 354949 OR text on 07769678659. Otherwise:

- Prayers can be posted on the prayer list on the wall at the back of church
- Church members who have indicated their willingness to pray at short notice can be informed of your needs via the prayer texting service.
- You can request that the house groups cover your prayer request.
- You can request a prayer partner or find one yourself.
- We have 3 prayer-triplets available and ready to pray for you or yours.
- Prayers can be offered out loud during Sunday services.

Contact Sue Trotter (Prayer Secretary) making it clear how you want your request to be dealt with.

Prayer Tuesdays!!!!

Tuesday mornings in Church (side door off the car park) at 9.15am to 10.00am followed by coffee!!

Prayers for Selby Street

Come along and pray for our friends at Selby Street on Tuesday June 3rd between 8am and 8pm – praying for God's guidance.

Jill Taylor has arranged a prayer meeting at Selby Street EVERY WEDNESDAY morning 11am until 12 noon. Followed by a shared

lunch – bring some food to share together. Starting on 4th June. This is to pray for the mission of the area and for God to speak to us about the future.

Local Preachers. Our local preachers are leading services today at: Selby Street (William Bryan-Smith); Skidby & Little Weighton (Andrew Creamer).

Services for Sunday 8th June

10.30 AM UNITED SERVICES AT COTTINGHAM (see noticeboard for details)

6.30 PM Revd Andrew Stead Healing Service

Church Stewards:
Sue Trotter & Janet Blades

Music: Clive Cross

Welcome Stewards:
PM: Jean Richardson

Articles for the next edition of the notices by Thursday 6pm latest please, to:

✉ notices@anlabyparkmethodistchurch.com

📍 47 Rokeby Park, Hull, HU4 7QE

☎ 354595

Note: these Notices are produced on a rota basis by a small team of people. If you are interested in joining the team, please speak to John Hallam or Denise Robinson.

The Methodist Church at Anlaby Park



Minister: Revd Andrew Stead, Tel: 352157

Notices for Sunday 1 June 2014

Today's Services

8.30 AM Revd Andrew Stead
Communion

10.30 AM Julia Sheard
Family Service

6.30 PM Revd Button

Church Stewards:
Jane Creamer & Sarah Umpleby

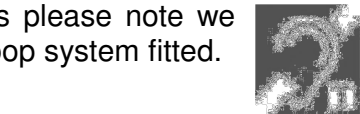
The offering for 25th May totalled as follows:

Offering £ 991
Budget £ 1,132
Average £ 1,095



Our Mission Statement

*"To share God's love
in words and actions,
to grow and nurture
wholehearted followers
of Jesus Christ*



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NEXT WEEK'S EVENTS

Thursday 5th June - Wives Group. 8pm in Church. "The Karen Hill Tribes" by Penelope Worsley.

Saturday 7th June 7pm. Street Banquet Quiz Night.
See noticeboard for details.

Saturday 7th June 9.45am to 4pm. Circuit Fresh Expressions *Vision Day* Cottingham High School. See noticeboard and copies of the programme available at the back of church.

Sunday 8th June 10.30am. Circuit Pentecost Praise at Cottingham High School (contemporary worship) or Cottingham Methodist Church (traditional worship). See noticeboard.

DATES FOR YOUR DIARY

Wednesday 11th June 10am – 3pm. Street Banquet Away Day.
See noticeboard for full details.

Friday 20th June 7pm to Saturday 21st June at 7pm. 24 HOURS OF PRAYER!!!
The Prayer Team invite you to join them for this special time together with God. Look out for the Rota (coming soon) and set aside some time to be in God's presence through the power of prayer. You can sign up for as long or short a time as you wish. We will be praying for the following topics over the 24 hour period:

- *Children and young people of our church*
- *Ignition Coffee*
- *Christians Against Poverty*
- *Methodist Live at Home Scheme*
- *The Leadership Team*
- *The Alpha Programme*

Any questions – please see Sue Trotter or one of the Prayer Team.

Saturday 21st June 2pm. Summer Fair at Willersley House. All the usual stalls. Everyone welcome.

Sunday 22nd June 12.30pm. Asda Community Day. Selby Street members invite us to join them. Massey St Playing Fields Please bring a picnic. Entertainment/events for children.

Tuesday 24th June. The World Cup at AP!!!!!! We thought it would be nice to get together to watch England's World Cup match with Costa Rica from Brazil. Kick-off is 5pm and there will be hot and cold food, with the match on our various screens in Church and Ignition Coffee. Full details will follow, and we will be asking for help with catering. There will not be a charge but will be asking for donations to cover the cost of the food. Please put the date in your diary and come along for what should be a really good social event – even if you're not a football fanatic!!!!

NEWS & APPEALS

Financial Support

You may have spotted that we falling well short of our target almost every week. Anything you can do to help balance the books would be much appreciated. If you want information about gift-aiding your contributions or setting up or increasing bankers order payments please speak to one of the Finance Team (Jan, Jon, Roger or Steve). Thanks for all you do to keep the Church afloat!

Car Park adjacent to/behind the former Dominics restaurant.

Please note that contrary to previous advice, our solicitors now advise Church users NOT to park in any part of the car park next door. They advise that any parking encouraged by the Church will involve trespass across the front part of the car park, which could create a legal problem for us.

Scrabble

Our new scrabble club will start on Thursday 5th June at 2pm. It will take place either in church or in the coffee shop depending on numbers. No need to book – just turn up and enjoy. There are plenty of cakes and other goodies on sale in Ignition Coffee – before, during or after!!!

Gently Does It!!!!!!

You may not be up for anything too strenuous, but here's something that might appeal to you. It is a

gentle **Cardio Mobility Workout** for the less active, and takes place in church every Thursday between 1pm and 1.45pm. It costs just £3. This class is aimed at joint stability, flexibility, and light cardio vascular work. The class can be adapted to various levels. Why not give it a try? If you want something more energetic, the Monday 10.30am slot might be for you - A Beginner's Zumba session for 45 mins. Also Kid's Zumba for the under-5s at 1.30pm on Mondays. All sessions lend themselves to a visit to Ignition Coffee either before or afterwards! We hope to see you – and bring your friends.
The Ignition Team.

Church Cleaning.

We are pleased to report that normal arrangements for cleaning have now resumed. However, please ensure that all users of the premises clear up behind them, leaving the place in a clean and tidy state, ready for the next users. This includes picking up rubbish, vacuuming as necessary, emptying bins as appropriate, wiping down tables, and putting recyclable materials in the right bins. Most rooms are only cleaned by the cleaner on a weekly basis. Thank you for your co-operation.
The Property Team

CAP Client Appeal - Update

Thanks to everyone who responded to the appeal for help for a particular client. This lady



NEW!!!!!!!

CAP: MONEY - BUDGETING COURSE

We introduced the new CAP Money course at our Sunday evening service last week. For those of you who didn't attend, here is a brief summary.

What does the Bible Say About Money?

Money & finance is mentioned in the bible four times more than prayer! So clearly this is a very important subject. See in particular Matt 6 v24 and 1 Tim 6 v17&18. We are told that we must put God first and that money should be our "servant" and not our "master". This is what the course is about – it shows you how you can manage your money better, so that you are in control rather than allowing your money (or perhaps your worries about your money) to control you.

Who Is The Course For?

EVERYONE!!!!!!

Whatever your financial situation is, you can benefit from coming on this course. It doesn't matter if you have enough money that you don't need to worry about what you spend, or whether you are struggling to manage on the money you have. We provide you with the tools to manage your money in the way that suits you best. Whether you use budgets or wouldn't know where to start with one – this is for you.

What Does It Involve?

- The course is entirely **FREE** and includes refreshments and your course materials
- It is run in 4 weekly sessions – each lasting approx. 1 ½ hours.
- The course is simple and easy to understand.
- You will learn to build a balanced budget (using either a paper budget sheet or an online budget sheet – whichever you prefer). You learn a simple money management system, showing you how to stick to, and monitor your budget. It

shows you the importance of using cash and encourages you to do so (this can be a bit scary for those of us used to a "plastic" culture – but it has been proven to work and we ask that you at least give it a try. If it doesn't work for you – then stop!).

Who is Running the Course?

Your CAP Money Coaches are Denise Robinson, Roger Slingsby and Steve Saunders. All three will be involved in running this first "pilot" session.

What Dates Will The Course Take Place On?

The course takes place on the following dates:

Session 1: Thursday 19th June at 2pm in The Trinity Room

Session 2: Thursday 26th June at 2pm in the Trinity Room

Session 3: Thursday 3rd July at 6pm in Ignition Coffee

Session 4: Wednesday 9th July at 7pm in Ignition Coffee

Each session follows on from the previous one, so it is important to attend all four sessions. If there is one particular date that you absolutely cannot make, then please make this clear at the outset and we will try our best to arrange a private session for you, so that you can catch up.

Please note that we intend to run the courses on a regular basis, and will vary the days and times so that we can accommodate everyone's needs. The next course is likely to be in September and will either be on a Saturday or one evening. Details will follow.

How Do I Book?

Please put your name on the booking list at the back of Church. Spaces are limited, so please do this as soon as possible.

If you have any questions about the course, please speak to Denise, Steve or Roger.

Denise Robinson

Tel: 01482 352003 Email: deniserobinson@capuk.org